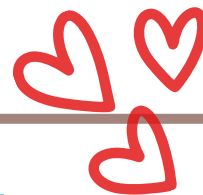


OFFERINGS

From Spiritual Life at Episcopal Homes

FEBRUARY, 2026



Chaplain's Letter

by Chaplain Phil Rose



It has been far too long since we last published OFFERINGS from Spiritual Life—welcome back. In these days especially, we need one another, and this newsletter is one way we stay connected across our community.

The year 2026 has already proven to be tumultuous. In the face of unprecedented events, familiar responses are often insufficient; what is required of us now is creativity, flexibility, and shared leadership. Across Episcopal Homes there is a wide range of spiritual needs and deep spiritual curiosity, alongside a small core of chaplains—one serving five days a week, two serving four days a week, and one serving three days a week—working to meet them.

That reality is further shaped by the fact that our chaplains are primarily assigned to skilled care settings—The Gardens and The Church Home. This means that in our independent living communities, the vitality of Spiritual Life depends on residents and volunteers stepping forward to help meet needs and explore shared interests.

The Rt. Rev. Craig Loya, Bishop of Minnesota, often speaks of building a church that is lay-led and clergy-supported. That vision resonates deeply with me. In that same spirit, Spiritual Life at Episcopal Homes—especially in our independent buildings—can be resident & volunteer-led, with chaplains offering support, guidance, and encouragement along the way. In the months ahead, look for new initiatives from Spiritual Life designed to expand our offerings through partnerships and by building on the gifts of our residents and volunteers.



Blessings,
Phil



Meet the Chaplains

If you are a baseball fan, you know that early February marks the true beginning of spring. This year, spring training begins on February 9th. Each season, fans take time to learn about the players on their team’s roster. We thought you might enjoy getting to know the players on the Spiritual Life team.

We are blessed to have a strong group of chaplains with diverse and complementary skills—including two Episcopal Priests, a Presbyterian, and a Quaker. No, that is not the setup for a joke, but rather a team intentionally assembled to meet the spiritual needs of our residents, especially those in skilled care.


Chaplains Eily and Maia are assigned to The Episcopal Church Home (ECH). Maia serves the first and third floors of ECH, while Eily covers the second floor and Katy’s Cottage.

Chaplain Jennifer is assigned to The Gardens and also leads our Episcopal Eucharist services, alternating with Chaplain Phil.


Chaplain Phil serves as Director of the Spiritual Life Team and, in addition to leading services and supporting the chaplains, develops programs that serve the entire campus, including our independent residents.




REV. PHIL




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Chaplain Phil Rose
Campus-Wide
University of St. Thomas



ROSE



Campus-Wide



11th
Year

Grad School: **Church Divinity School of the Pacific**
 Children: **Sarah & (Sarah) Hazel 9 and Jasper 5 Justin & (Tessa)**
 Favorite Hymn: ***Canticle of the Turning***
 Spiritual Heroes: **Henri Nouwen, Mariann Budde**
 Why Chaplaincy? **While I was in seminary I fell in love with chaplaincy. Biggest surprise of my life. And the best one.**





REV. JENNIFER

Chaplain



12

ALLRED

The Gardens

EPISCOPAL HOMES SPIRITUAL LIFE

8th Year

Chaplain Jennifer Allred
The Gardens
Pomona College

EPISCOPAL HOMES SPIRITUAL LIFE

Grad School: **Harvard Divinity School**
 Children: **Twins! Vivian and Brooke, 7**
 Favorite Hymn: *Joyful, Joyful*
 Spiritual Heroes: **Richard Rohr, Nadia Bolz-Weber**
 Why Chaplaincy? **Honestly, I was scared of Clinical Pastoral Education (the training process for healthcare chaplaincy), but then I loved working with people in their significant transitional times in life.**

MAIA



Chaplain

23

TWEDT

ECH

EPISCOPAL HOMES SPIRITUAL LIFE

2nd Year

Chaplain Maia Twedt
ECH - First and Third Floors
University of Iowa

EPISCOPAL HOMES SPIRITUAL LIFE

Grad School: **Wesley Seminary**
 Children: **Astrid, 25 and Anabel, 22**
 Favorite Hymn: *How can I keep from singing?*
 Spiritual Heroes: **Maya Angelou and Mary Oliver**
 Why Chaplaincy? **I was always drawn to listen to stories that arise from times of deep challenge.**

REV. EILY



Chaplain

33

MARLOWE

ECH & Katy's

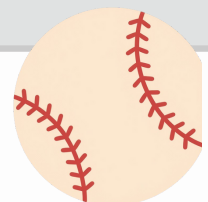
EPISCOPAL HOMES SPIRITUAL LIFE

3rd Year

Chaplain Eily Marlow
ECH 2nd Floor & Katy's Cottage
Macalster

EPISCOPAL HOMES SPIRITUAL LIFE

Grad School: **McCormick Theological Seminary**
 Children: **Louise, 14 and Teddy, 10**
 Favorite Hymn: *For the Beauty of the Earth*
 Spiritual Heroes: **Carter Heyward, James Nelson**
 Why Chaplaincy? **I was a caregiver for people living with AIDS in the 90s. Taking part in sacred storytelling and meaning making in this community propelled me to seminary.**



EVENTS

From Spiritual Life at Episcopal Homes

FEBRUARY
2026



WESTMINSTER TOWN HALL FORUM

VOICES OF CONSCIENCE FOR 45 YEARS



MICHAEL OSTERHOLM **Ethics & Medicine: Does My Neighbor Matter?**



Thursday, February 5, 2026

Noon in the Theater

Michael Osterholm, PhD, MPH, is a renowned expert on the epidemiology of infectious disease



Ash Wednesday Services **February 18th**

10:00 am Coventry Chapel

10:30 am Leigh Chapel

