Hope is in the Air

Left, T. Mychael Rambo and Thomas West serenade guests of the virtual 2021 Donor and Volunteer Appreciation Event, Hope is in the Air. Bottom, speakers featured storyteller Kevin Kling, Sister Annette played by resident Lyn Lawyer, and former St. Paul Mayor Chris Coleman.
Dear Residents, Families, and Friends of Episcopal Homes,

We are happy to share the Episcopal Homes’ summer newsletter which includes the Foundation’s 2020 Annual Report. As we connect face-to-face for the first time in more than a year, we continue to celebrate our 2021 theme, Hope is in the Air. We take stock of new friends and hobbies and services created and shaped by and during the pandemic.

More than 150 friends came together at our virtual Donor & Volunteer recognition event. Donors and volunteers mixed cocktails with Mayor Chris Coleman, were serenaded by artist T. Mychael Rambo, and were provoked in turn to tears and laughter by storyteller Kevin Kling. Hope not only was in the air, but came with 290 new donors, $1.2 million in donations and 6,000 volunteer hours contributed in 2020. This generosity cushioned the pandemic’s impact and is bringing new opportunities into the lives of our elders and dedicated staff.

The story of resident-family volunteers showcases the deep sense of belonging that volunteers both experience and facilitate within our communities.

When a beloved volunteer departs, we are blessed that new family members are there to step in, completing a circle of sustained support.

Please read about NeighborCare, our innovative home care program born during the pandemic. We now provide home care services to Episcopal Homes’ residents and to elders living in their homes in the surrounding neighborhoods.

Connection. Generosity. Ingenuity. At Episcopal Homes, hope is truly in the air.

Gratefully,

Marvin Plakut
President and CEO
Episcopal Homes of MN

Mary Routhieaux
Executive Director
Episcopal Homes Foundation

Vision Partners

Episcopal Homes Foundation has launched Vision Partners. This new program serves to unite Episcopal Homes and its business partners who share our commitment to providing equitable access to opportunity and stability for our community’s vital, yet vulnerable frontline caregiver workforce.

Vision Partner members support the scholarships and emergency employee assistance the Foundation provides staff. Thanks to the following businesses for becoming Vision Partners this spring.

If you want to know more about becoming a Vision Partner, please contact Kristin Rigg at 651-632-8857 or krigg@episcopalhomes.org.
Hope, laughter, and belonging

Hope was certainly in the air on May 6th as Episcopal Homes Foundation hosted a virtual event to celebrate the generosity, time and talents of donors and volunteers. The event recognized their extraordinary contributions during the trying year that was 2020. Storyteller Kevin Kling moved our audience with so many wonderful stories; we are pleased to share a few with you here.

Resiliency

“My friend Al Baker, he’s a medicine man up in Lac Courte Oreilles, up at the reservation. And he says, ‘You can survive anything with sense of humor, and sense of self.’ When he said that, I started to think of sense of self, and the word resiliency. I don’t know if you know, the word resiliency actually means, ‘maintaining one’s shape.’ How do we maintain our shape, when we’ve been through things like we’re going through now, when our shape has been compromised? We do it through our family, our faith and our community. That’s how we survive.”

Belonging

“I think of the word ‘belonging’. It’s one of my favorite words, because it’s two words, ‘Being and longing.’ Being somewhere, but longing to be somewhere else at the same time. It’s true. We both need a nest, and we need vastness. We need safety, but we need to be challenged. That’s one of the things I love about Episcopal Homes. All the events, all the things going on in this place. All these ways you’re challenged. All these ways you’re comfortable, you’re safe. You’re in an environment with your friends, but also you’re challenged with the arts, with music. I couldn’t be more thrilled for this place.”

Empathy

“When I listened with my whole self, I had empathy, which was one of the greatest gifts in the world because you get the wisdom from someone else through their experience. One of the things I’ve noticed around Episcopal Homes is the empathy. The ability to listen. Story, after story, after story. Hearing what’s going on…The things going on here, it reminds me, none of us get through this world alone. It’s the help, to have somebody on the journey with us, and then you get to share the journey with somebody.”

Our virtual audience received goodie bags to their homes before the event, including the ingredients to a signature cocktail (and mocktail). Former Mayor Chris Coleman walked participants through the recipes. Make your own drink with the QR code on the back cover!
Surviving and Thriving through uncertainty

The following stories are excerpts from our residents, their families, and our staff about the critical impact donors and volunteers make to the quality of life of those that call Episcopal Homes their home.

Our Hearts Spark Imagination

"In my day, when we read evening prayer, we always recited the Magnificent after the first lesson. There is one phrase that stands out for me and has intrigued me since childhood. That phrase is 'the imagination of their hearts.' Think about it. It is our hearts that spark the imagination, not our brains, our hearts. So I would like to suggest that what has happened this year at Episcopal Homes is a matter of the heart, a lot of hearts. We all learned so much, we improvised, we cared for each other and, I would say, we not only survived this year but we thrived thanks to the heart motivation of so many staff, volunteers, family and residents."

A Place of Growth and Transformation

"Here at Episcopal Homes we hope—we try, to portray a sense of radical welcome to all of our residents regardless of what they believe or where they come from, that they are welcomed and loved in our world of Spiritual Life. And we try to offer a lot of different ways into that [...] There are many, many ways that we might be able to speak to someone’s spirit and to create a space where they’re safe being vulnerable, where they’re safe connecting with themselves, maybe first, and also with each other. And kind of using this stage of their lives to be a place of growth and transformation."

Generosity Sews Purpose

Seabury resident JC (Jacqui) loves to sew. When staff learned her old sewing machine was broken, they reached out and a donated sewing machine was secured in the middle of Covid so JC could continue her sewing. “Well, I love living here because I can stay busy. I have a lot of friends. We had volunteer stuff come up (during Covid). So first I made masks and then I started making bags. I still make masks. If I wasn’t in here, I’m wondering what the heck I’d be doing.”
Community in action

Doris Akey

We have a wonderful group of people who are very concerned about seeing to it that those of us living here have things that we can do that keep ourselves active.

When Bob and Doris Akey moved into Cornelia House almost 5 years ago, the Sage Singers was one of the first things she joined. “It really involved everybody, whether they came in a wheelchair or they came in with a walker or they came on the bus from others, the satellite units, everybody was included. It’s been very meaningful to me to be a part of the Sage Singers because it’s been something that really has been a consistent, ongoing experience since we moved in and that’s been really critical and fun.”

Joey Clark

We’re living in the moment. We’re experiencing something together. It’s always about making the best out of the opportunity in the moment.

Joey Clark is a beloved face at Episcopal Homes. Joey comes to us from our partnership with MacPhail Center for Music. "I think that the community bonds that were formed before the pandemic were not severed by the pandemic. Ironically, the Sage Singers has actually grown in size during the pandemic, which is unheard of. I actually was saying to the choir the other day that what’s so incredible about our experience together is that it allows us to live in the moment and not worry about the future and not live in sorrow about our past or dwell on past mistakes.”

Kathleen Vellenga

There isn’t a person I’ve met since I came here who doesn’t make me feel recognized as someone that they’d like to get to know.

Kathleen moved here recently after being on the waiting list. When the pandemic hit, her house became a prison. She shared that coming to Episcopal Homes has been freeing. Kathleen heard about Sage Singers right away and thought she might be able to do it. She said it was a thrill to be able to come downstairs and sing with her new community.

"There’s a woman that lives two doors down the hall from me here who’s blind, and I’ll just knock on her door and I’ll say let’s sing! So we’ll sing and she laughs."

Sage Singers, part of our Creative Ventures program, is funded entirely by generous contributions to the Episcopal Homes Foundation
Staff are the Heart of our Home

Grady Shapiro, Housing Director of Cornelia House
I wish everybody could work for Episcopal Homes. I wish for everybody the kind of meaningful work that I’ve had access to during these times. That was almost envied by people that I love because I got to be somewhere and I got to do work that felt so meaningful."

Millie
"Mom (Millie) is still so curious about people and wants to know all about people. It's very important to her that she pronounces your name right, for example. And it's very important that she treats other people with respect. One of her caregivers is a young Muslim man. He was about to do his prayers one day and mom said to him, 'Mohammed, if you say your prayer for me, I'll say mine for you.' And so she said the Lord's prayer. And afterwards he said his prayer. And he said to my mom, 'Millie, do you know that what I just said is the same as what you just said?' And mom said, 'I guess that's why we're pals.'"

In honor of Millie Olson who passed away on June 17, 2021.

Julie Niewald, Active Living Director
"With COVID and the civil unrest in 2020, there were a lot of staff members that were affected in their own personal lives. We have an employee emergency fund. And we had staff members who found themselves in situations with house fires, housing uncertainty, loss of jobs, and inability to get to work. And this fund will continue to support those employees so that they can come to work and do the jobs that they love. I just think it's profound that outreach has been so strong among our volunteers and donors to make sure that our staff are being taken care of; they understand it's our staff that show up every day and love our elders."

Honoring by Giving
Thank you to all of you who remembered family, friends and loved ones through a recent memorial or tribute gift. The listing below reflects gifts given from Jan. 1 to March 31, 2021.

Gifts Given in Honor Of:
Carol Arney
Terry Alewine
Aline Duval
Paul Werger
George & Anne Green
Terry Alewine
Diane Nordstrom
Donna Nordstrom
Marvin Plakut
James Jelinek
Geralda Stanton
Terry Alewine

Gifts Given in Memory Of:
Bev Dailey
Marijo Hickok
Susan Faunce-Zimmerman
Marijo Hickok
David Girard
Marijo Hickok
Lorraine Grunke
Marijo Hickok
Bob Hardman
Marijo Hickok

Kinder Village Open House
A Preschool Open House will be held on Sunday, Aug. 1 from 2:00-4:00 p.m. at Kinder Village. Meet the teachers, learn about the programming, and tour the rooms and playground.

For more information, go to www.kindervillage.org

Kids from Kinder Village paraded through campus to share their 4th of July pride with residents, reuniting for the first time since early 2020.

www.Kindervillage.org - 651-272-4974
Our Mission

Develop and connect resources of time, talent, and treasure to strengthen and sustain a vibrant, thriving Episcopal Homes community.
Social Accountability for Episcopal Homes

Total 2020 Benefit: $2,933,469
Episcopal Homes’ mission is to enrich life and build community with older adults. We fulfill our non-profit mission through a commitment to social accountability and responsibility by contributing resources to support unmet community needs.

Serve Regardless of Ability to Pay  $1,982,462
We subsidize housing and services for elders in skilled care and for the 69% of residents in our independent apartments with income below the federal poverty level.

Enrich Quality of Life  $674,429
We enrich lives through wellbeing programming to all elders, regardless of ability to pay.

Improve Access to Needed Services  $80,417
We provide free or limited-fee transportation for groceries, social, and cultural venues that older adults may not otherwise have access to.

Improve Community Health  $67,800
Episcopal Homes offers health clinics, diabetes education, healthy eating programs and physical fitness initiatives to residents.

Demonstrate Leadership  $61,751
Staff share time and talents within the industry, leading trainings and education sessions.

Reach out to the Underserved  $66,600
We facilitate resident and staff-led initiatives to give back to the St. Paul community, such as toy drives, clothing drives, quilt donations, and meal services.

Serve Regardless of Ability to Pay  $1,982,462

Enrich Quality of Life  $674,429

Improve Access to Needed Services  $80,417

Improve Community Health  $67,800

Demonstrate Leadership  $61,751

Reach out to the Underserved  $66,600

Total 2020 Compassion in Action

291 new donors supported the COVID-19 emergency fund, Wellbeing programs, and home care innovation

6,000 volunteer hours that reduced resident isolation and lifted spirits

4 tv channels created to bring mind, body, spirit programming to residents during quarantine

192 volunteers who generously supported resident and staff well-being

1 sewing machine donated

30+ iPads acquired to video chat with family & healthcare providers

100 boxes of girl scout cookies donated to staff

520 socially distanced in-person exercise classes

4,000+ masks donated by community members

1,700 miles walked by the Geezer Patrol

175 prayer beads & prayer shawls made

800+ covid-19 vaccines administered on-site

$56,000 awarded in scholarships to staff

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Foundation Financials

**Revenue**
- Contributions $1,213,385
- Public Grants* $492,219
- Investment Income and Other Income $694,786
- Support from Episcopal Homes of Minnesota $330,179
  
  **Total Revenue** $2,238,350

**Expenses**
- Foundation Grants Distributed $411,062
- Public Grants Distributed* $492,219
- Fundraising $150,000
- Administrative, Facilities, and Management $170,129
  
  **Total Expenses** $731,191

**Net Income** $1,507,159

* COVID sustainability funding that passed directly to Episcopal Homes programs

**Assets**
- Cash $947,771
- Pledges Receivable $431,783
- Prepaid Expenses and Other Assets $4,563,992
- Investments and Others Assets $9,827,356
  
  **Total Assets** $15,770,902

**Liabilities**
- Accounts Payable and Accrued Liabilities $73,250
- Other Liabilities $1,426,847
  
  **Total Liabilities and Net Assets** $15,770,902

**Distribution by Source**

The Foundation funded wellbeing, Caring for Caregivers and innovation in 2020.

**Creative Ventures**
Staff, teaching partners and supplies to foster wellbeing through artistic and educational programs

**Active Living**
Fitness programs focused on functional and whole person wellbeing, adapted for virtual and safe-distant participation

**Spiritual Life**
Staff and digital resources to foster meaning, purpose and wellbeing

**Kinder Village***
Sustaining core services to children and families during COVID

**Employee Scholarships**
Support for employee education in pursuit of professional degrees and certifications

**Volunteer Services**
Staff and resources to support new and loyal volunteers who provided so much time and talent during COVID

**Miscellaneous**
Meditation garden, small projects

**NeighborCare***
Launch innovative home care service, NeighborCare

**Assisted Living***
Sustaining core services to residents during COVID

* COVID sustainability funding that passed directly to Episcopal Homes programs

**Donation by Source**

- **Foundations** $308,500
- **Public Grants** $492,219
- **Individuals** $452,124
- **Estates and Wills** $560,000
- **Corporations** $51,959

* COVID sustainability funding that passed directly to Episcopal Homes programs
Sister Annette Legacy Society

Individuals and families who have included Episcopal Homes in their planned giving. + denotes deceased

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2020 Donor Honor Roll

We are grateful for everyone who provided financial support in 2020. You made a difference in the lives of so many residents and families during an incredibly difficult time. Thank you!

+ denotes deceased | ◊ denotes donors who have given $25,000 or more in their lifetime. All donors in 2020 who gave at least $25,000 are automatically included in this group.

**$100,000+**
Fred C. and Katherine B. Andersen Foundation
Betty Barrett+

**$25,000–$99,999**
Katherine B. Andersen Fund of The Saint Paul Foundation
Otto Bremer Trust
David & Kathleen Carlson
Mary & Peter Gove
James Johnson &
Lucy Rosenberry-Jones Mairs and Power Inc.
Brian & Jane Ostensos

**$5,000–$24,999**
Aroha Philanthropies◊
Ann E.Burkholder
Denise & Justin Cole◊
Roy Dorn &
Atletta Wood Jervey+
Alden Drew & Mimie Pollard
Dual Citizen Brewing
Kevin P. Filter◊
Helen & Alan+ Grant◊

**$1,000–$4,999**
Dick & Jean+ Andersen
Bette & Ernest Ashcroft◊
Bank of America
Will & Paula Bathke◊
Marilyn Beach
William & Kathy Bieber
The Bieber Family Foundation
Frances Bly & Charlese Hample
Bruce & Paulette Briese
Darrell Butterwick
Erna Carlstrom
Brad & Mary-Louise+ Clary◊
Lois & John Cutler◊
John & Anne Dowdle
Larry & Elizabeth Drummo◊
Patricia Eversman
Melissa Gilbertson
Ruby & Donald+ Harkom

**$500–999**
Frank & Kathi Berdan
Robert Bishaw
Peggy & Glen Booth
Wendy & Larry+ Brown
Dennis Cahill
Tom & Britton Cook
Byron & Pam Crouse
Mark and Mary Davis Foundation
Ariel Dickerman
Anna Duus
Women’s Guild of Epiphany
Episcopal Church
Beverly & David+ Finley

**$25,000-$99,999**
Fred C. and Katherine B. Andersen Foundation
Betty Barrett+

**$5,000–$24,999**
Aroha Philanthropies◊
Ann E. Burkholder
Denise & Justin Cole◊
Roy Dorn &
Atletta Wood Jervey+
Alden Drew & Mimie Pollard
Dual Citizen Brewing
Kevin P. Filter◊
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Dick & Jean+ Andersen
Bette & Ernest Ashcroft◊
Bank of America
Will & Paula Bathke◊
Marilyn Beach
William & Kathy Bieber
The Bieber Family Foundation
Frances Bly & Charlese Hample
Bruce & Paulette Briese
Darrell Butterwick
Erna Carlstrom
Brad & Mary-Louise+ Clary◊
Lois & John Cutler◊
John & Anne Dowdle
Larry & Elizabeth Drummo◊
Patricia Eversman
Melissa Gilbertson
Ruby & Donald+ Harkom

**$500–999**
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Robert Bishaw
Peggy & Glen Booth
Wendy & Larry+ Brown
Dennis Cahill
Tom & Britton Cook
Byron & Pam Crouse
Mark and Mary Davis Foundation
Ariel Dickerman
Anna Duus
Women’s Guild of Epiphany
Episcopal Church
Beverly & David+ Finley
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<td>Dusty &amp; George+ Mairs</td>
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<td>Barbara Snowfield</td>
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<td>Jean Wylie</td>
<td>Barbara &amp; Charlie Keffer</td>
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$100–499
Kristin Aitchison
Pamela Allen
Wendy Andersen-Postier
Laurie Anderson
Lynne Arlington
Ephrem Ashebo
Cheryl Bailey
Jean Baker
Stuart Baumann
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  Barbara Swan
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Louverne & Stanley Williams
Gayle Reynolds &
  Paul Windschitl
Joseph Woodside

We strive for accuracy when preparing these lists. Please notify the Foundation of any errors at 651-632-8854 or foundation@episcopalhomes.org
2020 Volunteers and In-Kind Donations

For most of 2020, volunteers were not able to come on-site. Together we found ways to stay connected with people in the community while also supporting the wellbeing of residents and staff. We are grateful to everyone who sewed masks, donated food and other items that we never imagined we would need. All of it made a difference across our Episcopal Homes community. Thank you!

Vera Alenov
Laurice Anderson
Mary Arland
Margot Arnold
Bette Ashcroft
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Amy Atkinson
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Nicholas Baker
Alex and Bill Bartolic
Bethlehem Church of the Midway
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Suzy Janse-Vreeling
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Brent Johnson
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Joan Jones
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Marie-Ange Kivi
Kendra Knutson
Marianne Kosel
Irene Kramer
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Iae Lao
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Deborah Magnuson
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Joanne Mason
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Gregory Mulally
Dave and Judy Nass
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La Nguyen
Thu Nguyen
Chanpraney Nhu
Joan Nichols
Nordeast Makers
Donna Nordstrom
Sarah Jane Nowlin
Audra Nuru
Noreen and Chuck Osterlein
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Peggy Olsen
Carol Olson
LeAnn and Michael Oseth
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Ostenson Family
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Jay and Sharon Overbaugh
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Shannon Petersen
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Samantha Porter
Jean Probst
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Donna Weatherspoon
Mark Westlake
Whole Foods
Ellie Wicklund
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Nancy Willhite
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Elaine Willis
Heather Worthington
Betty Wright
Jo Wright
Ye Xiong
Bochen Zhang
Terri Zierden
Lilian Zoltai

We strive for accuracy when preparing these lists. Please notify the Foundation of any errors at 651-632-8854 or foundation@episcopalhomes.org
Support Our Mission

Through donations, Episcopal Homes Foundation funds all the wellbeing programs offered to all residents at Episcopal Homes. Donations also support the employee scholarship and emergency assistance programs. If you would like to make a donation, you can make a gift online or by mail.

give online: www.episcopalhomes.org/foundation/giving

651-632-8854
Episcopal Homes Foundation, 490 E. Lynnhurst Ave, St. Paul MN 55104

Our Communities

Transitional Care & Long-Term Care
Episcopal Church Home
1879 Feronia Ave
St. Paul, MN 55104
651-646-4061

The Gardens
1860 University Ave
St. Paul, MN 55104
651-632-8801

Assisted Living & Memory Care
Iris Park Commons
& Katy’s Cottage
1850 University Ave
St. Paul, MN 55104
651-646-1026

NeighborCare In-Home Support
490 E. Lynnhurst Ave
St. Paul, MN 55104
651-444-4000

Catered Living
The Terrace at Iris Park
502 E. Lynnhurst Ave
St. Paul, MN 55104
651-272-4960

Independent Living
Cornelia House
1840 University Ave
St. Paul, MN 55104
651-288-3931

Affordable Living:
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1830 University Ave
St. Paul, MN 55104
651-379-5102

Kings Crossing
500 N Dale St
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651-493-4606

Carty Heights
412 Dunlap St N
St. Paul, MN 55104
651-288-1142

Midway Pointe
1880 University Ave
St. Paul, MN 55104
651-209-8500

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Minneapolis, MN 55406
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Gardens Life Enhancement Director Karren McRae and treasured Volunteer Marianne Kosel share smiles at a going-away party for Marianne.

Among people 65 and older, 70% will need some form of long term services, but only a third can actually afford them; for those with more intensive needs, only half can afford services. Private insurance doesn’t typically cover home care. Those with means pay out of pocket and low income individuals receive services through Medical Assistance. A new approach needed to emerge to help older adults afford the services needed to age well and live well at home. NeighborCare is clearly geared for impact and why funders and referral sources are so excited about its potential. In addition to serving older adults in their homes, NeighborCare can efficiently serves groups of elders in senior housing facilities.

Marianne Kosel has been bringing her joyful, light-hearted spirit to our Garden’s community for more than five years. Even when on vacation traveling the U.S. with her husband in their RV, she remembers us with emailed pictures of their exploits. The most recent pictures are of their mascot for this trip, a solar Queen Elizabeth who waves at passersby.

Marianne was introduced to Episcopal Homes as the family member of a resident. She brought the deep understanding and knowledge a resident’s family brings to their volunteer experience. Marianne knows first-hand what a difference it makes to authentically connect and ask residents how they’re really doing. In her words, “It’s amazing how important one moment can be.” After 5 years with us, Marianne is moving away to be closer to family. She has promised to come back and visit and share new stories.

That desire to deeply engage is what motivated Theresa Madaus to request and receive a grant from the Metropolitan Regional Arts Council (MRAC) to bring “Do You Feel It Too” dance to our campus. Theresa is also the family member of a former resident, and has a beautiful vision of dance as a way to connect caregivers, residents, and families. We are honored she chose to return to Episcopal Homes to help us strengthen and grow as a community through dance. This willingness to share what is important to families and their loved ones helps us provide better opportunities for engagement and connection.

Thank you Theresa and Marianne, and all our family volunteers for your examples of love in action.

MRAC funding is made possible by the voters of Minnesota through grants from the Minnesota State Arts Board thanks to a legislative appropriation from the arts and cultural heritage fund.

In loving memory of Edward Lemaniak and Pat Baumhover

Do you know a loved one who could benefit from NeighborCare services? Call Karen Vento, Director, at 651-444-4000.
Help When Considering Memory Care

Deciding it is time to move a loved one into memory care can be emotionally challenging. It is important to remember the good that can come with the move. A setting like Katy’s Cottage offers:

- A clean, comfortable and safe setting with refreshed common spaces, dining space improvements, and apartment options to best meet a resident’s needs.
- Really good food! Join fellow residents in sharing a nutritious, appetizing meal.
- Activities with purpose, like concerts, classes, and intergenerational fun with Kinder Village Child Care.
- Caring, trained staff who become like family.

We're here to help guide you in making a choice you and your loved one can feel good about.

We have just a few units left in our Iris Park Commons Assisted Living and Katy’s Cottage Memory Care. Ready to make your move? Contact Bethany Burns at 651-632-8858 or bburns@episcopalhomes.org to learn more now!

Celebrating Nursing Assistant week with food, fun and prizes.

We are looking for special people to join our team! Episcopal Homes Job Fair July 22 from 2:00–5:00 p.m.

More information at www.episcopalhomes.org/careers/