Donna Foster, Gardens Resident, talks to her daughter over Facetime during COVID-19 visitor restrictions.

Photo Credit: Karren McRae
Dear Friends,

Episcopal Homes focused throughout 2019 on uncovering 125-years of history through stories that shaped our mission, values, culture and way of life. Recurring themes from our past—true in good and difficult times, like during the Spanish Flu, wars and depressions—provide a source of comfort and wisdom today, including:

• Loving, authentic, collaborative relationships among and between staff, elders, families and community enrich the spirit and provide an unwavering sense of purpose.

Our mission: enriching life & building community with older adults

Today, Episcopal Homes serves 1,400 older adults annually who reside in ten communities situated at key light rail stops along University Avenue in St. Paul and at Becketwood Cooperative in Minneapolis. These communities collectively offer a full continuum of housing, care and service, including independent apartment, assisted living, and nursing home residences, as well as rehabilitative, memory and home care. Fifty six percent of all residents are low income. Sixty nine percent of apartments offer subsidized affordable housing and nearly half of elders served are people of color.

While offering exceptional, five-star housing and care, the true differentiator of Episcopal Homes is its unique focus on building communities that enrich the lives of older adults. We do this by promoting mind, body, spirit wellbeing, active civic engagement and vitality among our diverse community of elders.

George Floyd while in police custody brought additional challenges to our community. The resulting social unrest, violence, burning and looting of over 170 businesses located eight blocks east of our main campus and surrounding our communities in St. Paul’s Frogtown neighborhood prompted the need for elders from 50 apartments to be evacuated elsewhere for three nights.

So much has changed so quickly. Stories in this issue show how our community has come together through many small acts of love and support that reflect who we are and who we have been for 126 years. These acts of love are a source of hope as we move forward adapting quickly in response to the changes taking place around us.

Some stories show technology innovation. While we prefer face-to-face interactions, technology has helped break down walls to sustain meaningful relationships and purpose in difficult times. Other stories illustrate ingenuity to meet basic and emergency needs through tireless acts of service.

While much progress has occurred in our 126 years, we have committed to actively and intentionally promoting further learning and progress, upholding the cause of our founders—to extend respect and dignity including those cast aside by society and to respond with love in times of need.

Marvin Plakut
President and Chief Executive Officer
Episcopal Homes

Mary Clem Routhieaux
Chief Advancement Officer, Episcopal Homes
Executive Director, Episcopal Homes Foundation

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We presume 2020—a time when the world wrestles with the Coronavirus pandemic and social unrest surrounding racial injustice—will be a defining marker for change and source of stories told by those who come after us.

On March 13, face-to-face visits between families and loved ones were stopped to keep Coronavirus out of our facilities to protect residents and staff. Communities were divided into five zones to prevent virus spread, creating a stark contrast from longstanding efforts focused on bringing people together. Elders and staff donned masks. Once vibrant congregate activity programs were scaled back to allow for six-foot distancing and congregate dining was eliminated.

On May 28, while still in lockdown due to Coronavirus, the excruciating killing of George Floyd while in police custody brought additional challenges to our community. The resulting social unrest, violence, burning and looting of over 170 businesses located eight blocks east of our main campus and surrounding our communities in St. Paul’s Frogtown neighborhood prompted the need for elders from 50 apartments to be evacuated elsewhere for three nights.

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COVID-19 Communications

Since March, we have made many improvements to communication practices, reaching residents, families and staff in new ways. Regular communication methods for our COVID-19 status include:

• 1:30 p.m. daily Marvin’s live update on internal Channel 6.1 (recorded version on 3.1)
• 2:00 p.m. daily Marvin’s update video posting to www.episcopalhomes.org
• 2:15 p.m. daily Marvin’s update uploaded to Episcopal Homes Facebook and YouTube channels
• A weekly written status update
• A daily video staff message
• A weekly written status update
• A weekly video status update
• Regular communications from building managers on changes that affect individual communities

For the latest COVID-19 updates, including our case dashboard, please visit www.episcopalhomes.org/covid-19

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Technology increasingly important;

Frontline staff remain critical connector

As COVID-19 has and continues to restrict the active social atmosphere around Episcopal Homes, technology has become increasingly important for connectivity. The flexibility and relationships of staff and residents have helped ease the transition from face-to-face contact to more virtual interactions. “By using technology creatively and adapting quickly to emerging needs, we have managed to sustain essential connectedness for our elders,” says Mary Routhieaux, Chief Advancement Officer and Foundation Executive Director.

Episcopal Homes Foundation, aided by your contributions to our COVID-19 Emergency Fund, quickly purchased the technologies in March to support resident wellbeing at a time of great uncertainty and when family members’ in person visits with our beloved residents were curtailed.

These purchases brought some peace of mind for families and residents. Donna Foster, a resident of The Gardens’ nursing home, has actively embraced newly available iPads, headsets and staff support to host video chats with one or all three of her daughters. According to daughter Judy, Donna jokes on Zoom chats about their experience together, “It’s just like Star Trek!”

For Judy and her two sisters, Gayle and Lisa, being connected virtually has really helped during this time. “It’s comforting to be able to see her and talk to her. I think for mom simply being able to see our faces lights up her smile.”

Before COVID-19, residents enjoyed extensive face-to-face programming and family engagement. We often heard residents say they never imagined being so busy. When we stopped large group programming, congregate dining, and access to visitors to keep the virus out of our facilities, many of us did another thing we never imagined—embraced technology to remain informed, connected and healthy.

Staff quickly learned new ways of working to sustain our mission too. The daily schedules of enrichment staff in our nursing homes are now filled supporting video chats between elders and their loved ones. Frontline staff like Karren McRae are critical to this important work.

“Everyone here eventually becomes part of an extended family. The elders I work with every day are my family. Both of my parents have passed away and so I especially understand the importance of trying to make sure each person has the opportunity to connect with their loved ones,” says Karren McRae, Activities Director, the Gardens.

“This isn’t just a job for me. COVID-19 has been the most difficult thing I’ve ever had to deal with during my 12 years of doing this work and we must continue to do everything we can to keep these wonderful people healthy,” adds Karren.

Resident Life portal and new TV channels

In addition to video connections, our Wellbeing Program staff now offer adaptions to programming, like daily yoga on both our new Resident Life online portal and four new in-house television channels. Similarly, neighbors come together weekly to participate in a journal club on Zoom, and many more access sermons and meditation offerings through our television channels, Facebook Live and Resident Life online.

“We prefer face-to-face interactions, but Coronavirus has sparked about three years of technological growth in just three months as a reflection of how seriously we take elders’ need for relationship and connection,” adds Routhieaux. “We’re excited to launch several new digital offerings that reflect the resilience, courage, and creativity of elders and staff as we all explore opportunities for connection while preventing exposure to Coronavirus.”

COVID-19 Emergency Fund

To make a donation, please visit:
www.episcopalhomes.org/foundation

Contributions needed to sustain and improve

This work didn’t occur without challenges. Those who participate in web or video connections experience internet and video connectivity hiccups due to the intense increase in traffic on the Episcopal Homes’ network. Recognizing the network was now being depended on to stay connected, sensors throughout our facilities were quickly added to identify areas for improvement. Support to strengthen the technology infrastructure is needed. Contributions to the COVID-19 Emergency Fund are helping Episcopal Homes respond to the unanticipated need for new devices and infrastructure to keep pace with a new digital way of life.

Digital offerings

In addition to programming, new digital offerings provide community access to virus prevention education; Marvin’s daily updates; a campus calendar of events; campus dining options; and grocery delivery support. We hope to continue to expand capability and offerings within our new Resident Life web platform.
As the COVID-19 outbreak spread rampantly across our nation, Episcopal Homes worked quickly to ensure safety of staff and elders. In addition to accelerating innovation with technology and its communications with staff, elders and families, many friends came together to support our work and serve the needs of our community.

**105th birthday party prompts gratitude**

Erna Carlstrom recently celebrated her 105th birthday at Episcopal Homes. Amidst visitor restrictions, staff worked creatively so Erna could celebrate with her family. Thanks to technology, Erna talked, shared, and listened as family members came by to sing her birthday song, and to share an “I love you.”

Heather and Greta Iverson, friends of Erna’s family, decided to donate 100 boxes of Girl Scout cookies out of gratitude for staff members and their work.

**Handsoap donation**

Jodi Halvorson, daughter of Nancy Begin, Garden’s resident, donated over 1,050 bottles of sanitizing hand soap for residents and staff. Her father owns Creative Labs, a health and beauty manufacturing company in Eagan, that changed its focus to soaps and sanitizers to accommodate needs during the pandemic.

Our staff recently needed to quickly relocate residents of our 50 Kings Crossing apartments in St. Paul’s Frogtown neighborhood when the protests honoring the tragic killing of George Floyd turned destructive. These remarkable and resilient elders are now back home, healthy, safe, and grateful. The necessary move and three days of accommodation elsewhere led to an unplanned $10,000 expense. A week after social unrest ravaged our community, groups donated and delivered free groceries to our campus.

**Riots displace more than fifty residents at Kings Crossing**

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To view a video of Erna’s 105th birthday, go to www.episcopalhomes.org/covid-19

Neighborhood Development Center artists displayed messages of peace and unity at retail locations below Episcopal Homes Kings Crossing apartments.

Joyful messages done in chalk sprouted all around campus—sharing words of encouragement and beautiful art in support of residents and staff.

Above a boxing club called Circle of Discipline in Minneapolis delivers 150-200 bags full of food and sundries to staff and elders in need.
Volunteers work tirelessly supporting safety efforts

Volunteers from near and far worked tirelessly to supply frontline workers with homemade face masks and shields at a time when safety equipment was in short supply. More than 3,000 control masks were made for staff and elders on our campus. “We don’t personally know each person who helped us, but every single mask that was made felt like gold to us,” says Stacy Dunn, Volunteer Program Director. “The impact on our community can be measured by the love that went into each one. More than half of our masks came from a lot of people doing a few at a time. We are incredibly grateful for each and every one.”

More than 80 new volunteers have committed their time since March. Sewing masks, making prayer shawls, serving as phone companions and sending good wishes of joy and love are a few of the ways people are supporting our staff, elders and community at this time.

COVID-19 Donor Support

The listing below reflects gifts of cash and in kind items to our COVID-19 Emergency Fund from March–May, 2020.

Richard & Jean+ Anderson  Anonymous (2)  Mary Arland  Lynne Arlington  Margot Arnold  Barbara Ashland  Alex & Bill Bartolic  Ann E. Burkholder  Hindu Bauschb  Christine Butter  Hillary Caliguiri  Christen Butter  Heidi Buschbach  Ann E. Burkholder  Alex & Bill Bartolic  Barbara Ashland  Mary Arland  Anonymous (2)  The listing below reflects gifts of cash and in kind items to our COVID-19 Emergency Fund from March–May, 2020.  • Gifts came in from many points quickly. Please alert the Foundation if you made a gift from March through May, 2020 but do not see your name listed.


For more ways you can help, visit: www.episcopalhomes.org/covid-19/ways-you-can-help

“Volunteer Feature: Innovation Center at St. Thomas Academy

Episcopal Homes was one of many recipients to receive face shields from the Innovation Center at St. Thomas Academy. “It didn’t take long for us to realize the need within the healthcare setting,” says Mark Westlake of St. Thomas Academy. The Catholic preparatory high school began making face shields in March to respond to community needs.

“Nobody should go to work feeling unsafe. We decided we needed to do our best to fill this need and put our 3-D printers to work making face shields for healthcare workers. After we started our operation, inquiries and letters from all across the nation started coming asking how others could help our efforts,” Westlake and his team started crowdsourcing operations working with other student groups and a variety of organizations, both large and small.

They have been able to fulfill more than 20,000 requests for shields that have been distributed nationally. Requests to help healthcare workers with personal protective equipment shortages are still coming in. The project at the innovation center spearheaded by Westlake aligns with the St. Thomas Academy values and commitment to serving others. “We teach our students empathy. We want them to understand they can make a difference. We teach them servant leadership,” says Westlake. “I feel strongly that I should model this behavior for my students.”

Managing this project has been chaotic at times, but he and his team take it in stride. “I feel like God has prepared me for this COVID-19 project and its chaos all my life,” he adds.

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Food accommodations during COVID-19

When our campus went on lockdown, food access had to quickly be adapted to ensure elders had access to the most basic of needs. Episcopal Homes’ culinary team was tasked with changing facility, cooking and staffing plans to find a way to deliver food to residents organized into five zones without movement between zones to prevent risk of contracting or spreading the virus.

When our activity bus services were stopped for independent living communities to prevent exposure to the virus, access to groceries for independent elders was suddenly a challenge. Kristin Aitchison, Creative Ventures Director, quickly spearheaded a team from across the organization to coordinate grocery orders, shopping and delivery for those who were unable to leave campus and did not have nearby family able to drop groceries.

Since that time, community partners like Cub Foods and Mobility for All have stepped in to assist in filling and delivering these orders. Hurby McDaniel, Manager of the Midway Cub Store, has shared how much he looks forward to meeting Episcopal Homes’ residents face-to-face. He feels like he knows them from filling their orders personally with his team since March and has remained committed to making sure they each have what they need.

“We are so appreciative of their efforts to support our elders with such commitment,” says Aitchison. “Even with the challenges resulting from the recent social unrest in our community, Hurby and his team remained committed to ensuring needs were met regardless of the Midway store being closed for a short time.”

To make a donation to our COVID-19 Emergency Fund, visit www.episcopalhomes.org/foundation
**Social Accountability**

**2019 Benefit of $2,936,696**

Episcopal Homes’ mission is to enrich life and build community with older adults. We fulfill our non-profit mission through a commitment to social accountability and responsibility.

In 2018, Episcopal Homes contributed over $2.9 million in resources to support unmet community needs.

**Enrich quality of life**

$701,572

Episcopal Homes enriches lives through delivery of Creative Ventures, Active Living, and Spiritual Life wellbeing programming to all elders, regardless of their ability to pay.

**Reach out to the underserved**

$121,316

Episcopal Homes facilitates resident and staff-led initiatives to give back to the St. Paul community, such as toy drives, clothing drives, quilt donations, meal services and access to community spaces.

**Serve regardless of ability to pay**

$1,924,048

Episcopal Homes subsidizes housing and services for the 69% of independent apartment residents who have incomes below the federal poverty level, as well as elders served in skilled care settings.

**Improve community health**

$43,115

Episcopal Homes offers health clinics, diabetes education, healthy eating programs and physical fitness initiatives to residents and older adults in the greater community.

**Demonstrate leadership**

$66,475

Managers, directors and staff share time and talents with the greater community and industry through educational presentations, committee participation, professional services, employee scholarships, training and more.

**Improve access to needed services**

$80,170

Episcopal Homes provides free or limited-fee transportation to and from grocery stores, social and cultural venues that older adults may not otherwise have access to. Episcopal Homes also provides space for health providers to deliver clinical services.

**Wellbeing staff have creatively found ways to bring important programming to residents despite COVID-19 restrictions—multiple courtyard singalongs have been held around outdoor spaces with residents singing from their windows and balconies.**
### 2019 Foundation Financials

**2019 Sources of Funds**
- Contributions (unrestricted and restricted): $956,249.00
- Charges to related parties for fundraising: $292,479.00
- Investment (net): $1,490,222.00
- **Total Revenue**: $2,738,950.00

**2019 Uses of Funds**
- Grants/Transfers to Episcopal Homes of MN: $515,589.00
- Administrative Expenses & Depreciation: $291,503.00
- **Total Expenses**: $807,092.00

**Foundation Net Assets as of December 31, 2019**
- **$12,774,690.00**

*Numbers do not include $586,000.00 grant to launch NeighborCare.

### Honoring by Giving
Thank you to all who honored family, friends, and loved ones through a recent memorial or tribute gift. The listing below reflects gifts given from Nov. 1, 2019 – April 30, 2020.

#### Gifts Given in Honor Of:
- Kristine Atlee
- Logan Patrick
- Paul Christopherson
- Doug and Pat Hackman
- Gloria Delato
- Tom and Krisstan Delano
- Yogan Eggle
- Samantha M. Smith
- Rebecca Harbottle’s Board Service
- Melissa and John Oyppen
- Phil Ross
- Logan Patrick
- Laura Titte
- Thomas Plankers
- Wade Tolles
- Donald and Suzanne Nevin
- Eileen Watriss
- Karleen Wertens
- Peggy and Milton Wright
- Susan Armstrong
- Lao Calwil
- Dennis Cahill
- Elise, Brian and Sieglinde Brearer
- Beth Calwes
- Denny and George Mairs
- George and Anne Grinn:
- Ruth Madison Cappers
- Vida Stoverlad Clapson
- Tom and Ruchi Clapson
- Sylvie Diddes
- Logan Patrick
- Patricia Edlhuber
- Denny and George Mairs
- Barbara Craig
- Mary E. and Irene E. Milla
- Jean Doane
- John T. and Sara Schrag
- The Rev. Lyn & John Lawyer
- Miguel and Ann Dobson
- Norma Paulson
- Pam Dueschel
- Robert Hand
- Sally and Jim Brown
- Dr. Thomas Hardeson
- Thomas J. and Berandy Horak
- Tomato and Amanda Howie
- Vicente Hockender
- Margaret Hockender
- John E. and Irene E. Milla
- Karen Detroit
- Christopher Howes
- Donald and Cathy Donahue
- Denny and George Mairs

#### Gifts Given in Memory Of:
- Jean Anderson
- Richard Anderson
- Margaret Anderson
- Karen Mains
- Janice Birnau
- Joanne Woland
- Helen Blayre
- Joyce Evans
- Randy and Donna Blayre Johnson
- Thaddei Broody
- Gayle Reynolds and Paul Winkeschel
- Allee Burkholder
- Alvin Kvaal
- Ann E. Burkholder
- Lyle Burkholder
- Logen Patrick
- Charls Dow Trust Estate
- Dr. Vernon E. & Mary Ann Johnson Estate
- Elphid Nichols Estate
- Elizabeth V. McCoy Estate
- Gertrude Louisa Madsen Estate
- Joanne Pehler Estate
- Joseph H. Abutchi Estate
- Katherine Carpenter Estate
- Kay Rolfs Carlson Estate
- Lily Rothchild Estate
- Mildred Haley Kellogg Estate
- Ruth Mahmoud Mccain Estate
- Thomas Rogers Estate
- Neil & Jeanne Fueman
- Sally & John Ford
- Jerry Woffild & Becky Gustafson
- Judith Moore Golf
- Helen & The Rev. Alan Grant
- Marvin J. Pikan & Dwan K. Harold
- Tom & Pamela Howe
- Ruby Hutt
- James & Norma Jensen
- James E. Johnson
- William E. Johnson
- Ewing & O. G. Runyan
- Ruth E. Jones
- Phyllis & Michael Kramer
- Elaine Easton
- Elizabeth & Peter Lockwood
- Denny & George Mairs
- Kathryn Mathes
- Charles & Caroline McDuff
- Barbara Merrill
- The Rev. Floyd J. Miller
- Ray & Iva Nelson
- Charles and Patricia Everson
- The Rev. Lyn & John Lawyer
- Jon Najarian
- Anonymous
- Judy Pichon
- Rick Pollack
- Opal Rene
- Judy and William Bums
- Jody Riff
- Susan Ruff
- William Rene
- William Rowe Family
- Avril Schlegel
- Heidi Kintz
- Jacqueline F. Swain
- Paul Stephenson and Barbara Swain
- Jean Wittern
- Karen Bousie
- Amy Earl
- Shirley Ferguson
- Karen and Daniel Gouldson
- Cheryl Stein
- Debra Schwartz
- Nancy and Andrew Peck
- Steve and John Thompson
- Jonathan Werner
- Jane Warrn and Michael Werner
- Eileen Wreg
- John Wertz
- Jack Whaley
- Ann E. Burkholder
- Lloyd and Alice Burkholder
- Jerome and Barbara Quinn
- Alice Wassenbrok
- Gregory and Kathryn Whaley
- Kathy Whaley and Fred Wyckoff

### Volunteer Services
**$65,580**
- Funded Episcopal Homes’ Volunteer Program. In 2019, 200 volunteers donated over 8,500 hours and managed Episcopal Homes’ Gift Shop.

### Employee Scholarships
**$46,756**
- Funded employee scholarships with more than $80,000 awarded to seven employees in 2018, which will be paid over the next three years as part of which is an Episcopal Homes’ new Scholarship Program.

### Creative Ventures
**$110,951**
- Funded staff, teaching partners (like MacPhail), supplies and transportation integral to delivering extensive artistic and educational programming integral to wellbeing.

### Active Living
**$114,332**
- Funded staff, supplies, our warm water therapy pool, fitness center and programming focused on functional ability and whole person wellbeing.

### Spiritual Life
**$102,708**
- Funded delivery of spiritual life services by 3 full time chaplains and maintenance of spiritual spaces, integral to fostering meaning, purpose and wellbeing.
## Lifelong Giving

<table>
<thead>
<tr>
<th>Name</th>
<th>Amount</th>
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<tbody>
<tr>
<td>David &amp; Kathleen Carlen</td>
<td>$10,000 to $24,999</td>
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<tr>
<td>Tom &amp; Kathy Carlen</td>
<td>$10,000 to $24,999</td>
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<tr>
<td>Peter &amp; Barbara Gannotti</td>
<td>$10,000 to $24,999</td>
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<tr>
<td>Maris J. &amp; Jerry Nordenson</td>
<td>$10,000 to $24,999</td>
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<tr>
<td>Thomas C. &amp; Linda Wood</td>
<td>$10,000 to $24,999</td>
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## Leaving a Legacy

<table>
<thead>
<tr>
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<tr>
<td>Dr. Mitchell Pearlstein</td>
<td>$1,000 to $4,999</td>
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<tr>
<td>Dr. Georgiana Paine Palmer</td>
<td>$1,000 to $4,999</td>
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<tr>
<td>Ferdinand A. Otness</td>
<td>$1,000 to $4,999</td>
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<td>Edward R. Malon</td>
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<tr>
<td>Robert &amp; Carolyn McRae</td>
<td>$1,000 to $4,999</td>
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<td>Robert &amp; Mary Roushbank</td>
<td>$1,000 to $4,999</td>
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<tr>
<td>Dr. William Deball &amp; Rapp</td>
<td>$1,000 to $4,999</td>
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## Current Contributors

<table>
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<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Dr. James Johnson</td>
<td>$5,000 to $24,999</td>
</tr>
<tr>
<td>William &amp; Carolyn Forney</td>
<td>$5,000 to $24,999</td>
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<tr>
<td>Wallace &amp; Carolyn Forney</td>
<td>$5,000 to $24,999</td>
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## Junior Giving

<table>
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<tbody>
<tr>
<td>John H. &amp; Catherine E. Lund</td>
<td>$5,000 to $24,999</td>
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<tr>
<td>Sally &amp; Jim Evans</td>
<td>$5,000 to $24,999</td>
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<tr>
<td>Susan &amp; John Bier</td>
<td>$5,000 to $24,999</td>
</tr>
<tr>
<td>Martha &amp; Jim Taylor</td>
<td>$5,000 to $24,999</td>
</tr>
</tbody>
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## Contributions From Local Institutions

<table>
<thead>
<tr>
<th>Name</th>
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</tr>
</thead>
<tbody>
<tr>
<td>Allina Health System</td>
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## Names of Generosity

<table>
<thead>
<tr>
<th>Name</th>
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<tbody>
<tr>
<td>Carolyn B. &amp; Bruce A. Butterwick</td>
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</tr>
<tr>
<td>Barbara E. &amp; Tom J. Bier</td>
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</tr>
<tr>
<td>Kathryn W. &amp; Thomas J. Bier</td>
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</tr>
<tr>
<td>Kathleen Bier &amp; Mark H. Bier</td>
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## Other Needs

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## Local Foundations

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If you or someone you know is looking for an alternative to assisted living, consider calling NeighborCare, a new kind of in-home support. Support is offered 24-hours a day through the push of a button and there is no minimum time requirement.  

651-444-4000

www.episcopalhomes.org/neighborcare