

# Aquatics Weekly Schedule *Life+*

Monday May 21	Tuesday May 22	Wednesday May 23	Thursday May 24	Friday May 25	Sat./ May 26 Sun./ May 27
8 am-9:15 am <b>Open Swim</b>	8:00am-3:45pm <b>Open Swim</b>	8:00am-10:15am <b>Open Swim</b>	8 am-10:15 am <b>Open Swim</b>	8 am-10:15 am <b>Open Swim</b>	<u>Saturday:</u> 8 am-12:15 am <b>Open Swim</b>
9:30-10:15am Moderate Intensity Aqua Class With ELAINE		10:30 -11:15am <b>BECKETWOOD</b> Slow Flow Arthritis & Balance Aqua Class w/JULIE	10:30-11:15am Moderate Intensity Aqua Class w/ KAT	10:30 -11:15am Slow Flow Arthritis & Balance Aqua Class w/JULIE	<b>AMI Swim School</b> 12:30 pm—5 pm
10:30-3:45pm <b>Open Swim</b>		<b>ALL ARE WELCOME!</b>	<b>POOL DECK CLEANING</b> <b>CLOSED FROM 1:00-2:00 PM</b>	11:30am-8:00 pm <b>Open Swim</b>	5:15 pm-8:00 pm <b>Open Swim</b>
AMI Swim School 4 pm—8 pm	AMI Swim School 4 pm—8 pm	11:30am-3:45 pm <b>Open Swim</b>	2:15 pm-8:00 pm <b>Open Swim</b>	<b>Please call Welcome Center 651-632-8801</b> on weekends to confirm pool is open before you leave home	<u>Sunday:</u> <b>Open Swim</b> 8 am—8 pm <i>Julie Niewald</i> 651-272-4953 jniewald@episcopalhomes.org