

Aquatics Weekly Schedule *Life+*

Monday May 14	Tuesday May 15	Wednesday May 16	Thursday May 17	Friday May 18	Sat./ May 19 Sun./ May 20
8 am-9:15 am Open Swim	8:00am-3:45pm Open Swim	8:00am-10:15am Open Swim	8 am-10:15 am Open Swim	8 am-10:15 am Open Swim	Saturday: 8 am-12:15 am Open Swim
9:30-10:15am Moderate Intensity Aqua Class With ELAINE		10:30 -11:15am BECKETWOOD Slow Flow Arthritis & Balance Aqua Class w/JULIE	10:30-11:15am Moderate Intensity Aqua Class w/ KAT	10:30 -11:15am Slow Flow Arthritis & Balance Aqua Class MEMBER LED	AMI Swim School 12:30 pm—5 pm
10:30-3:45pm Open Swim		ALL ARE WELCOME!	POOL DECK CLEANING CLOSED FROM 1:00-2:00 PM	11:30am-8:00 pm Open Swim	5:15 pm-8:00 pm Open Swim
AMI Swim School 4 pm—8 pm	AMI Swim School 4 pm—8 pm	11:30am-3:45 pm Open Swim	2:15 pm-8:00 pm Open Swim	Please call Welcome Center 651-632-8801 on weekends to confirm pool is open before you leave home	Sunday: Open Swim 8 am—8 pm
		AMI Swim School 4 pm—8 pm			Julie Niewald 651-272-4953 jniewald@episcopalhomes.org