

Aquatics Weekly Schedule *Life+*

Monday April 16	Tuesday April 17	Wednesday April 18	Thursday April 19	Friday April 20	Sat./ April 21 Sun./ April 22
8 am-9:15 am Open Swim	8:00am-3:45pm Open Swim	8:00am-10:15am Open Swim	8 am-10:15 am Open Swim	8 am-10:15 am Open Swim	<u>Saturday:</u> 8 am-12:15 am Open Swim
9:30-10:15am Moderate Intensity Aqua Class w/ ELAINE		10:30 -11:15am BECKETWOOD Slow Flow Arthritis & Balance Aqua Class w/JULIE	10:30-11:15am Moderate Intensity Aqua Class w/ KAT	10:30 -11:15am Slow Flow Arthritis & Balance Aqua Class w/JULIE	AMI Swim School 12:30 pm—5 pm
10:30-3:45pm Open Swim		ALL ARE WELCOME!	POOL DECK CLEANING CLOSED FROM 1:00-2:00 PM	11:30am-8:00 pm Open Swim	5:15 pm-8:00 pm Open Swim
AMI Swim School 4 pm—8 pm	AMI Swim School 4 pm—8 pm	11:30am-3:45 pm Open Swim AMI Swim School 4 pm—8 pm	2:15 pm-8:00 pm Open Swim	Please call Welcome Center 651-632-8801 on weekends to confirm pool is open before you leave home	<u>Sunday:</u> GRANDPARENTS DAY 1-3 Open Swim 8 am—8 pm <i>Julie Niewald</i> 651-272-4953 jniewald@episcopalhomes.org